

# Intro to Nursing 1

**Carone Learning Category:** Career

**Subject:** Elective/CTE

**Recommended Grade Level:** 10-12

**Course Credit:** One semester, 0.5 credits\* (5 units in CA)

**Recommended Pre-Requisites:** None

\*A full credit is available when combined with Intro to Nursing 2

## Course Description

This two semester course introduces students to the field of nursing. In the first semester students will learn about the history and evolution of nursing, education and licensure requirements, career path options, and nursing responsibilities. Students will also focus on foundational information such as basic anatomy, physiology, medical terminology, pharmacology, first aid, and disease prevention. In semester two students will examine various nursing theories, as well as focus on the nursing process, including assessment, diagnosis, and treatment options. Students will also learn about professional and legal standards and ethics. Additional skills of communication, teaching, time and stress management, patient safety, crisis management will be included.

## Units & Tasks

This course is divided into the following Units and Sections.

- **Course Introduction**
- **Unit 1: Intro to Nursing**
  - 1.1 Overview of Nursing
  - 1.2 History & Evolution of Nursing
  - 1.3 Career Opportunities
- **Unit 2: Education & Terminology**
  - 2.1 Education & Licensure
  - 2.2 Medical Terminology
  - 2.3 Equipment, Tests, & Procedures
- **Unit 3: Anatomy Basics**
  - 3.1 Musculoskeletal & Digestive Systems
  - 3.2 Cardiovascular Systems
  - 3.3 Nervous & Respiratory System
- **Unit 4: Disease & Drugs**
  - 4.1 Basic Health Care Practices
  - 4.2 Illness & Injury
  - 4.3 Basic Pharmacology
- **Unit 5: Nursing Tasks & Responsibilities**
  - 5.1 Providing Care
  - 5.2 Management & Administrative Duties
  - 5.3 Special Considerations

## Intro to Nursing I

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Within each section students will find the following tasks to view or complete:

1. **Checklist**—an outline of tasks for each section
2. **Lessons**—multimedia lessons about the section topic
3. **Field Trip**—links to other online sites with additional information
4. **Medical Spotlight**—spotlight on specific medical conditions
5. **Discussion\***—class discussion on an assigned topic
6. **Assignment\***—section assignment
7. **Vocab Check**—a flash card activity to test your knowledge of vocabulary
8. **Content Quiz\***—quiz covering information from the section lessons
9. **Spotlight Quiz\***—quiz covering information from the medical spotlights

The items noted with an asterisk above are those that must be submitted for a grade. A unit exam will be found at the end of every unit, as well as a comprehensive final exam at the end of the course.

### Pacing

There are 16 sections in this course. Each section is designed to be completed in about one week's time. However, students may take more or less time as needed. A recommended pacing guide is provided within the course.

### Parent & Teacher Guides

Parent and teacher guides available.

### Materials

There are no required materials for this course.

### Technical Requirements

An internet connection and computer or tablet hardware is required. Software requirements include a PDF reader, word-processing application (such as Word), MP4/video player, and Flash player (optional). Free downloadable software is available for each of these.