

Credit Recovery Health

Carone Learning Category: Foundations

Subject: Health, Credit Recovery

Recommended Grade Level: 9-12

Course Credit: One semester, 0.5 credits (5 units in CA)

Recommended Pre-Requisites: None

Units & Tasks

This course is divided into the following units:

- **Unit 1: What is Health?**
- **Unit 2: Mental Health**
- **Unit 3: Social Health**
- **Unit 4: Physical Health**
- **Unit 5: Reproductive Health**
- **Unit 6: Drugs & Safety**

Within each section you will find the following tasks to view or complete:

1. **Checklist**—an outline of tasks for that section
2. **Lessons**—multimedia online lessons about the section topic
3. **Field Trip**—links to other online sites with additional fitness information
4. **Discussion***—class discussion on an assigned topic
5. **Assignment***—section assignment
6. **Vocab Check**—an practice exercise to test your knowledge of vocabulary
7. **Unit Exam***—exam covering information from the lessons

The items marked with an * are those that must be submitted for a grade. There is a comprehensive final exam at the end of the course.

Pacing

There are 6 sections in this course. Each section is designed to be completed in about one week's time. However, students may take more or less time as needed. A recommended pacing guide is provided within the course.

Parent & Teacher Guides

Parent and teacher guides available.

Additional Materials

There are no required textbooks or materials for this course.

Technical Requirements

An internet connection and computer or tablet hardware is required. Software requirements include a PDF reader, word-processing application (such as Word),

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MP4/video player, and Flash player (optional). Free downloadable software is available for each of these.